

Certificate in Yoga Teacher Training 瑜伽導師訓練證書

HS175A / 2265-2930AW

YTT18

No.	Date	Tuesday	Thursday	Saturday	
		7-10pm	7-10pm	3-8pm	
1	14/01/2025	3			
2	16/01/2025		3		
3	18/01/2025			5	
4	21/01/2025	3			
5	23/01/2025		3		
6	25/01/2025			5	
Holiday	28/01/2025	0			
Holiday	30/01/2025		0		
4	01/02/2025			5	
5	04/02/2025	3			
6	06/02/2025		3		
7	08/02/2025			5	
8	11/02/2025	3			
9	13/02/2025		3		
10	15/02/2025			5	
11	18/02/2025	3			
12	20/02/2025		3		
13	22/02/2025			5	
14	25/02/2025	3			
15	27/02/2025		3		
16	01/03/2025			5	
17	04/03/2025	3			
18	06/03/2025		3		
19	08/03/2025			5	
20	11/03/2025	3			
21	13/03/2025		3		
22	15/03/2025			5	
23	18/03/2025	3			
24	20/03/2025		3		
25	22/03/2025			5	
26	25/03/2025	3			
27	27/03/2025		3		
28	29/03/2025			5	
29	01/04/2025	3			
30	03/04/2025		3		
31	05/04/2025			5	
32	08/04/2025	3			
33	10/04/2025		3		
34	12/04/2025			5	
35	15/04/2025	3			
36	17/04/2025		3		
Holiday	19/04/2025			0	
37	22/04/2025	3			
38	24/04/2025		3		
39	26/04/2025			5	
40	29/04/2025	3			
Holiday	01/05/2025		0		
41	03/05/2025			5	
42	06/05/2025	3			
43	08/05/2025		3		
44	10/05/2025			5	Exam
45	13/05/2025	3			Exam
46	15/05/2025		3		Exam
47	17/05/2025			5	Exam
48	20/05/2025	3			Exam
49	22/05/2025		3		Exam
50	24/05/2025			5	Exam
51	27/05/2025	3			Exam
52	29/05/2025		2		
後備日	03/06/2025				
後備日	05/06/2025				
後備日	07/06/2025				
Total hours:		200			

Time: 7pm-10pm (Tue), every Tuesday
 7pm-10pm (Thur), every Thursday
 3pm-8pm (Sat), every Saturday

Venue: 1101 Sports Lab, 11/F
 Island East Campus
 494 King's Road, North Point, Hong Kong